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Secrets of Lebanese cooking are revealed

By **Belinda Connolly**

A PEAKHURST woman wants to teach the secrets of traditional Lebanese cooking to home chefs in Sydney.

Norma Dakhoul started Norma's Lebanese Foods after many years of dreaming and planning.

Mrs Dakhoul teaches traditional dishes from Lebanon which she promises are easy to create.

"Being creative is just so natural to me," she said. "Growing up food was central. When I was 11, Dad would wake us up at 4am to pick olives in the olive grove."

She said people were gobsmacked when they discovered how economical traditional Lebanese

cooking could be. She said she could prepare a banquet for 20-30 people for about \$100.

"I love cooking Lebanese food for my friends," Mrs Dakhoul said. "Mum is my first and foremost source of knowledge when it comes to food," she said.

Mrs Dakhoul said the training and support she received from Bizness Babes was invaluable.

The free business training program is designed for mothers who might not get the chance to learn about running their own business.

**Classes: first floor, 70 Bronte Road,
Bondi Junction. Details:
<http://normaslebanesefoods.com.au>.**



Creating delicious memories: Norma Dakhoul with some of the dishes she will be demonstrating.

Picture: Chris Lane